



# Volunteer UNITED

UNITED WAY OF JOHNSON & WASHINGTON COUNTIES  
VOLUNTEER EXPRESS

## October & November 2024



### Iowa City Book Festival Volunteers Needed October 19<sup>th</sup> and October 20<sup>th</sup>

The 2024 Iowa City Book Festival, Oct. 14-20, features author readings, a book fair, panel discussions, and many other presentations. Nearly all of the events are free and open to the public. Volunteers help keep community festivals free and accessible to everyone.

[Click Here to Learn More and Review Volunteer Shifts](#)



UnityPoint Health  
AbbeHealth Services

### Aging Services, Inc. - Pathways Adult Day Health Center Day Program for Seniors and Adults with Disabilities Volunteers Needed - Variety of Activities Available

Pathways can create a custom volunteer experience for individuals or groups and offer one-time or short-term volunteer options. Volunteers can assist with anything from 1:1 time with participants (playing a game, talking, or assisting them during a big group program), helping out with main group activities during crafts or games, coming to help with a holiday party, or administrative tasks such as filing or mailing letters.

If you are interested in learning more about how you can make a difference at Pathways in Iowa City, reach out to Hannah Lenth by e-mail or phone:

[Hannah.lenth@unitypoint.org](mailto:Hannah.lenth@unitypoint.org) 319-339-6162



### Iowa City Free Medical & Dental Clinic Wednesday, October 16th

Individuals and Groups are needed to assist with moving and organizing items at the clinic in anticipation of the clinic's upcoming renovation. Choose your own volunteer shift time between 8:00am-4:00pm

Contact Jennie Schmidt for questions or to sign up 319-337-9727  
[jschmidt@freemedicalclinic.org](mailto:jschmidt@freemedicalclinic.org)



**Volunteer Income Tax Assistance (VITA)** is a national IRS sponsored program that provides free tax preparation of federal and state tax returns for households with income less than \$64,000.

Volunteers are critical to the success of the VITA program. VITA volunteers help complete and file tax returns for those who have a limited income. On average, it costs a taxpayer nearly \$300 to have taxes done. This money can instead be used for basic needs such as groceries and rent.

Volunteer opportunities include Greeters and Tax Preparers and shifts are flexible January through mid-April. No tax experience is required. Online training sessions are provided and required.

For more information or to register to volunteer, access this link:

[Become a VITA Volunteer! | Johnson County \(johnsoncountyiowa.gov\)](http://www.johnsoncountyiowa.gov/vita)



## **Shelter House – Soup Luncheon**

**Monday, November 18<sup>th</sup> 11:00 AM – 1:00 PM**

**Gloria Dei Lutheran Church**

Shelter House's Soup Luncheon kits off National Hunger and Homelessness Awareness Week. Volunteers are needed for event set-up, serving food and drinks during the event, event tear down, and other event activities.

### **Review Volunteer Needs and Sign-up Here:**

<https://www.signupgenius.com/go/30E0C4EA4AE22ABF85-50411386-soup#/>

For questions or for more information contact: [volunteer@shelterhouseiowa.org](mailto:volunteer@shelterhouseiowa.org)



## **Agape Café**

**Breakfast Clean-up Wednesday Mornings 9:00am-11:00am**

**26 East Market Street at Old Brick Church, Iowa City**

Agape Café serves a free, hot, breakfast dine-in or to-go for neighbors experiencing homelessness and/or food insecurity. Breakfast is served every Wednesday.

Volunteers are needed to assist with breakfast clean up. Volunteer activities include washing dishes, putting away supplies, tables and chairs, etc. Flexibility with volunteer hours is available. Come early and enjoy a great breakfast.

If you are interested in volunteering or learning more, contact Jenny Britton at: 319-400-4879 or [agapebreakfast@gmail.com](mailto:agapebreakfast@gmail.com)



## The Bird House – Hospice Home of Johnson County Holiday Lights at the Lake

Join in the fun at the fourth annual Holiday Lights at the Lake drive-thru light display!!

Volunteers are needed to help build the displays Oct 26-30 and Nov 9-11 and to volunteer during the event from November 27-December 31.

Please use the links below for more information and to volunteer:

Build Week Volunteer Shifts:

[Holiday Lights at the Lake - The Bird House: Holiday Lights at the Lake- Build Week 2024 \(signupgenius.com\)](https://www.signupgenius.com/go/60B044BAAAB2BA7F58-51226723-holiday#/)

Nightly Event Volunteer Shifts:

<https://www.signupgenius.com/go/60B044BAAAB2BA7F58-51226723-holiday#/>



## Houses into Homes

Houses into Homes provides gently used beds, furniture, and household items for families and individuals in Johnson County who are exiting homelessness, domestic violence, and other crisis situations.

This work is only possible with the support and service of community members!!

### Delivery and Warehouse Volunteers

Volunteers are needed for furniture deliveries on Sunday, November 24:

[Click here to sign-up](#)

Volunteers are needed to assist in the warehouse: [Click here to sign-up.](#)

[Click here to view all Houses into Homes volunteer opportunities.](#)



## Iowa City Noon Optimist Club

2024 Optimist Tree Lot Fundraiser

November 24 – December 15

526 S Riverside Drive, Iowa City

Volunteers are needed for Tree Lot Set-up, Cashiering, Sales, and Stocking.

Proceeds from this annual event are reinvested in the community to support youth organizations, youth charities, and projects throughout the year.

To learn more or to sign-up to volunteer click here:

[Optimist Club of Iowa City: 2024 Optimist Tree Lot \(signupgenius.com\)](https://www.signupgenius.com/go/60B044BAAAB2BA7F58-51226723-holiday#/)

The Johnson County Meals on Wheels program is looking for additional Flex Drivers. Flex Drivers are substitute drivers who are available to fill in for last minute volunteer cancellations to deliver meals.

Meal delivery takes place Monday-Friday with pick up time between 10:15am and 10:30am. Routes typically take between one to two hours. Meal pickup location is at the Meals on Wheels Coralville office, 2210 9<sup>th</sup> St. Coralville, IA 52241.

New volunteers will fill out a volunteer application for Johnson County on our [website](#) or with this direct link: <https://www.volgistics.com/appform/196250922> Once approved, volunteers can sign up for this position through the volunteer portal or through Stephanie directly. Flex volunteers are typically notified the day before the delivery shift.

For additional information or questions, please contact:  
Stephanie Schmidt, Johnson County Volunteer Coordinator 319-375-3161



**Iowa Valley Habitat for Humanity**  
**Construction Volunteers Needed – Iowa City Locations**  
**Volunteer shifts available Thursday-Saturday every week**  
**8:00am-12:00pm & 1:00pm-5:00pm**

Iowa Valley Habitat for Humanity is looking for additional construction volunteers throughout September and October to help with the progress of **three** current builds in the Iowa City area.

Volunteers will help construction staff through the entire home building process. No prior experience or knowledge is required! Volunteers are trained and provided with all the tools needed to accomplish the tasks at hand.

Age Restrictions: All volunteers must be at least 16 years old. All volunteers under 18 must have a liability waiver filled out and signed by a parent or legal guardian. Minor volunteers also have slight restrictions regarding the jobs they can help with. If a volunteer is under 18, it is best to contact the Volunteer Coordinator in advance.

Sign up to volunteer here: [Volunteer Calendar](#)

For questions or more information please contact:  
Sammi deNeui, Volunteer Coordinator, [sammi@iowavalleyhabitat.org](mailto:sammi@iowavalleyhabitat.org)



## **Ronald McDonald House Meal Groups Needed**

Meal groups are always needed to come to the House and prepare dinner for families. Families returning from a day at the hospital greatly appreciate a hot and fresh meal.

Volunteer meal groups are welcome into the kitchen up to 8 volunteers. The volunteer meal group determines the menu they will be preparing. Meal groups provide groceries for the meal. All necessary equipment needed to prepare your dishes should be available in the kitchen. 65 servings are requested to ensure all guests are guaranteed a meal. Dinner is served daily at 5:30 pm and meal groups are welcome to come anytime starting at Noon.

Review meal availability and sign-up here:

[Volunteer Meal Opportunities | RMHC-EIWI](#)



## **Shelter House - Individual Volunteer Opportunities**

Shifts are flexible to volunteer schedules

Volunteers are needed to help with the following:

- Sorting donations
- Fulfilling client donation requests
- Assisting in the Job Lab to help clients use computers to apply for jobs, create resumes, and apply for housing.

Visit <https://shelterhouseiowa.org/volunteer/> for more information and to fill out a volunteer application today!



## **Ronald McDonald House Weekly Scheduled Volunteers**

Weekly scheduled volunteers assist with miscellaneous duties to keep the House a clean, welcoming environment. There are three different positions to choose from:

- Front Desk Volunteers
- Kitchen Volunteers
- In-House Volunteers

If you are interested in learning more complete the online application here:

<https://rmhc-eiwi.org/volunteer-application/>



## Iowa City Free Medical & Dental Clinic Spanish Interpreters, Lab, and Pharmacy Volunteers

The Iowa City Free Medical & Dental Clinic is looking for Spanish interpreters, lab volunteers, and pharmacy volunteers.

### Requirements:

- Spanish Interpreters: strong fluency and a robust knowledge of medical terminology required
- Laboratory Volunteers: previous blood draw experience required
- Pharmacy Volunteers: pharmacists, pharmacy techs, and pharmacy students are welcome to apply

### Dates and Times:

- Mon evening (6pm-9pm)
- Tues morning (9am-noon)
- Tues afternoon (12:15pm-3pm)
- Wed morning (9am-noon)
- Thurs morning (9am-noon)
- Thurs evening (6pm-9pm)

Apply online at: <http://freemedicalclinic.org/give-time/>

Use this link to review detailed volunteer role descriptions:

[Volunteer Descriptions – Free Medical and Dental Clinic \(freemedicalclinic.org\)](http://freemedicalclinic.org/volunteer-descriptions)

For questions or further information e-mail: [volunteer@freemedicalclinic.org](mailto:volunteer@freemedicalclinic.org)



### Grow: Johnson County Weekly Volunteering May-November Monday, Wednesday, Friday 8:00am-Noon

Volunteers work on the farm assisting with harvesting, washing, and distributing produce. All volunteers are trained in Grow's food safety protocols.

If you are interested or would like more information visit:

<https://www.growjohnsoncounty.org/volunteer>



### Domestic Violence Intervention Program New Volunteers Needed

Due to program and organizational expansions, DVIP is looking for new volunteers to assist with Sexual Assault Direct Service

If you are interested in learning more, please contact Ally Tippe at:

[allisont@dviopiowa.org](mailto:allisont@dviopiowa.org) or 319-359-9353





## Faith UCC/Mark Twain Food Pantry 2<sup>nd</sup> & 4<sup>th</sup> Wednesday 2:15-5:45

Volunteers are needed each month to assist in serving an increasing number of recent immigrant families from Africa in a highly diverse neighborhood in Iowa City.

Volunteers welcome and assist guests and restock shelves with available items while encouraging an atmosphere of inclusiveness and kindness. Many families speak English but may be also fluent in French.

For questions or more information, contact Faith UCC by phone or e-mail:  
Faith UCC: 319-338-5238 or [faithucc2014@gmail.com](mailto:faithucc2014@gmail.com)



## Iowa 7V7 Football Fall Kickoff Event October 26 8:00am-6:00pm Tiffin Soccer Fields

Iowa 7 on 7 Football is a nonprofit organization committed to offering athletes opportunities to develop skills in a fun, competitive environment.

Volunteers are needed to assist at the Fall Kickoff Event with parking, concessions, merchandise sales, and scorekeeping. Volunteers will ensure that the event runs smoothly and players, coaches, and families have a great experience.

If you have questions or are interested in volunteering, contact Cole Davis, Program Coordinator: (319) 930-7375 or [staff@iowa7v7football.com](mailto:staff@iowa7v7football.com)



United Way of Johnson & Washington Counties

## United Way of Johnson & Washington Counties My Very Own Book Drive

Each year United Way of Johnson & Washington Counties collects new and gently used books for Pre-k through 6<sup>th</sup> Grade youth in our community. Donated books are given out to local Title 1 schools at literacy events, provided to social service agencies, and distributed at other community and youth events to encourage reading and increased access to books.

If you would like to volunteer to hold a book drive as an individual, group, business, etc., please visit the following link:

<https://www.unitedwayjwc.org/book-drive>

For questions and additional information reach out to Wendy Nolan at [wendy.nolan@unitedwayjwc.org](mailto:wendy.nolan@unitedwayjwc.org) or 319-338-7823



## 55+ RSVP Volunteer Medical Transportation Program

Community Members 55 and better are encouraged to get involved using their lifetime of experience to reach out and help others. Individual abilities and interests are matched with community volunteer needs.

The 55+ RSVP Medical Transportation Program provides rides for seniors and disabled adults who have no other means of transportation to medical appointments. Without this transportation, many would not access vitally needed medical services, especially in the rural areas of our communities.

There has been an increase in the number of senior residents in the community in need of this ride service. Additional 55+ RSVP Volunteer Medical Transportation drivers are needed to meet this need.

For more information visit the United Way website: [CLICK HERE](#) or contact Wendy Nolan at: [wendy.nolan@unitedwayjwc.org](mailto:wendy.nolan@unitedwayjwc.org)

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For information on other volunteer opportunities:

United Way Volunteer Center

<https://www.unitedwayjwc.org/volunteer-center>

319-337-8657 or email: [vols@unitedwayjwc.org](mailto:vols@unitedwayjwc.org)

Wendy Nolan

Community Impact & 55+ RSVP Coordinator

United Way of Johnson & Washington Counties

(319) 338-7823

[www.unitedwayjwc.org](http://www.unitedwayjwc.org)

