

# WINTER VOLUNTEER AND GIVING GUIDE

2024 - 2025



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# **Greetings!**

United Way of Johnson & Washington Counties is proud to present our annual Winter Volunteer & Giving Guide, filled with opportunities throughout our community.

Volunteer on your own, or gather your friends, family, neighbors, and co-workers to spread cheer with children and families in need of our help. When we work together, we can make a meaningful impact on our community!

We wish you a safe and joyful holiday season, United Way of Johnson & Washington Counties

# **Get Social!**

Help spread awareness and tag us on social media when volunteering throughout Johnson and Washington Counties this holiday season!



@uwayjwc



**Note:** If you wish to organize a collection drive or volunteer project, please contact the agency first to confirm the need and plan for collection details.

Please keep in mind these organizations need help every day, and opportunities to volunteer change frequently during the holiday season.

Opportunities listed in this guide do not represent all available opportunities. For more information on volunteer and donation opportunities, please visit volunteer.unitedwayjwc.org

# Thank You

for your interest in volunteering and giving opportunities in your community this holiday and winter season!

Here are some helpful tips to keep in mind for volunteer opportunities:

# Volunteer Tips >

#### **Start Now!**

This is a busy time of year for everyone. Start looking for a project now and make a plan today!

# Be patient.

This time of year, many non-profit organizations are getting emails, phone calls, and other inquiries on opportunities and need.

### Be creative and think outside of the box!

Check out the last page for resources on alternative holiday volunteer and giving opportunities!

Volunteering around the holidays can be a great activity – on your own, or with friends and family. However, our community relies on volunteers year-round. Make a resolution to be an active volunteer in the New Year!

For volunteer opportunities at any time of year, please visit:

www.volunteer.unitedwayjwc.org



# **VOLUNTEER OPPORTUNITIES**

The following opportunities include one-time and short-term volunteer activities serving organizations around the holidays. Commitment to a volunteer project is critical to these organizations at this time of the year, as many see an influx of those they are serving. Please take that into consideration before signing up for a project - planning, scheduling and follow-through are key.



#### **VOLUNTEER OPPORTUNITIES**



# **Agape Café**

Serves a free, hot, breakfast dine-in or to-go for our neighbors experiencing homelessness and/or food insecurity.

#### **Volunteer Opportunity:**

The Agape Café would welcome temporary volunteers on Tuesday afternoons for set-up and Wednesday mornings for Cafe service over both the Thanksqiving and Winter breaks at the University of Iowa.

#### **Volunteer Dates:**

**November 21**, 1-3:30pm

November 22, 6:30am - 10:30am

**December 19**, 1-3:30pm

December 20, 6:30am - 10:30am

**December 26**, 1-3:30pm

**December 27**, 6:30am - 10:30am

**January 2**, 1-3:30pm

January 3, 6:30am - 10:30am

January 9, 1-3:30pm

January 10, 6:30am - 10:30am

#### **CONTACT INFORMATION:**

Old Brick
 26 E. Market Street
 lowa City, Iowa

A Jenny Britton

□ agapebreakfast@gmail.com

agapecafe.org

# The Bird House | Hospice Home of Johnson County Holiday Lights at the Lake

The Bird House is the first and only independent residential hospice home in lowa dedicated to compassionate end-of-life care.

Join in the fun at the 3rd annual Holiday Lights at the Lake light display!

#### Volunteers are needed during the event

Dates: November 23rd-December 31st

**Times:** Varies by day: 4:45-9:15pm or 4:15-9:30pm

Times are listed on the Signup Genius. Needs are directing traffic, handing out brochures or checking vehicles in at gate. Wednesdays are walk through nights so you may be anywhere along the route to help direct people.

It is a lot of fun watching the young and the young at heart go through this event. Santa and Mrs. Claus will be there on Wednesdays and Sundays to visit with our quests.

Please dress accordingly - it is about 10 deg cooler at the lake. You will be standing for long periods of time so wear comfortable, warm footwear. We will have hand and foot warmers if the weather gets cold. Dress in layers so you can take things off if you are too warm. It does get cold so be prepared with a hat, warm coat, gloves, long underwear, warm socks, boots, etc.

#### **MORE INFORMATION:**

holidaylightsatthelake.com

Nightly Event Volunteer Shifts: signupgenius.com/go/60B044 BAAAB2BA7F58-holiday13





# **CommUnity Crisis Services & Food Bank**

CommUnity Crisis Services and Food Bank is a volunteer-driven organization that provides immediate and non-judgmental support for individuals facing emotional, food or financial crisis.

#### **Description:**

Help CommUnity distribute groceries for holiday meals to over 1,300 Johnson County families. Assist with stocking, repacking, and a variety of other tasks at CommUnity's Pepperwood Plaza location. You can also help by delivering meals directly to homes! With the need continually growing, larger groups of volunteers are in demand at our food bank, especially in the afternoon. Time to grab a couple friends and head over to CommUnity.

#### **36th Annual Project Holiday Distribution**

Date(s): December 18 - 23

Time(s): Various time slots from 9am - 7pm Location: 1045 Highway 6 East Iowa City, IA

#### **CONTACT INFORMATION:**

- Pepperwood Plaza 1045 Hwy 6 East lowa City, lowa
- Krystal Kabela, Food Bank Manager
- krystal.kabela@builtbycom munity.org
- builtbycommunity.org

Volunteer Signup Info builtbycommunity.org/getinvolved/



# **Coralville Community Food Pantry**

## **Free Community Meal Volunteers**

#### **Description:**

Volunteer activities include helping prep food, serve food, set up, clean up, and more.

Date: Friday, December 6

Time: Volunteer shifts available all day

Location: Coralville Rec Center 11506 8th St, Coralville, IA





#### **CONTACT INFORMATION:**

- 804 13 Avenue Coralville, Iowa
- A Hai Huynh
- coralvillefoodpantry.org

#### **Online Volunteer Signup**

signupgenius.com/go/4090C4 CA5AF2CAA8-53247204-2024? fbclid=lwY2xjawGzO\_hleHRuA 2FlbQlxMAABHejgEXNLhfMQy

q-

bqLX5u\_7GL1Nov8E0Jlk3kFqS FUOk27lgfOtQ96ihcw\_aem\_w6 X0A63pubs1bi0JSntmbA#/

# **Crowded Closet Thrift Shop**

Crowded Closet Thrift Shop is a non-profit thrift store in Iowa City. Our mission of Iove and compassion and our values of service, sustainability & community create a welcoming volunteer home for people of all ages and abilities. Crowded Closet supports Mennonite Central Committee (MCC) world relief, service, and development programs, as well as local community relief agencies. All the profits of the Crowded Closet go to support these relief and service organizations.

#### **Winter Volunteer Opportunity:**

Winter Fridays at the Closet: Volunteer 'where needed most' in our thrifty operations! Many easy to learn roles for any person. Volunteers will help to power our busy winter season, and turn local thrift donations into relief, development and peace that reaches around the world.

**Date(s):** Mondays-Fridays **Time(s):** 1:00pm-4:00pm



**DVIP & RVAP** 

#### **CONTACT INFORMATION:**

- 851 Hwy 6 E lowa City, lowa
- Office of Community Engagement
- crowdedcloset.volunteer@ qmail.com
- (319) 337-5924 x12
- m crowdedcloset.org

Online Volunteer Signup crowdedcloset.org/volunteer1.
html

#### **DVIP/RVAP**

The Mission of the DVIP/RVAP is to provide comprehensive support and advocacy services to victim/survivors, focusing on immediate and long-term safety, empowerment, dignity, and hope. In collaboration with the community, we strive to end domestic abuse through education, accountability, and social justice.

#### **Volunteer Opportunity**

December 19th, 3-9pm Coral Ridge Mall (near Santa)

We will be wrapping gifts for shoppers and

collecting monetary donations. Volunteers are needed to wrap presents.

#### **CONTACT INFORMATION:**

- Allison Tippe, DVIP
  Volunteer Coordinator
- allisont@dvipiowa.org
  Please email if you are able to join us.
- (319) 359-9353
- dvipiowa.org

# **Food Pantry at Iowa**

Provides free nutritious food and basic necessities for U of I students, graduate and professional students, postdocs, staff and faculty. Food accessibility and affordability is important for college students to survive, maintain a healthy lifestyle and to concentrate in classes.

#### **Volunteer Description:**

Sign up to help with some shifts to keep the Food Pantry at Iowa running over winter break! We will need people who can lift in order to help bring in deliveries, we will need people who can help restock during open hours, and we will need people to get us organize in between!

Date(s): Please email us for dates

Time(s): Miscellaneous

#### **CONTACT INFORMATION:**

IMU125 N Madison StreetIowa City, Iowa

studorgfoodpantry@uiowa.edu

Online Volunteer Signup

Email us for the Signup Genius!

#### **VOLUNTEER OPPORTUNITIES**

# **Free Lunch Program**

The Free Lunch Program (FLP) is one of the quiet services in the lowa City area that strives to do one thing well: Provide a free, filling & healthy lunch to anyone who comes to us.

#### **Volunteer Opportunity:**

Every Mon - Sat, Free Lunch Program serves a noon meal, usually hosted by teams from community groups. Around 120 meals are usually served/day. Volunteers are needed for Open Days when no team is designated. Open Day volunteers can sign up to prep, serve, & clean from 10:30am-1:30pm or sign up to serve and clean from 11:45-1:30pm. Volunteers are especially needed for Open Days around the holidays, as hunger knows no season!

Date(s): November - February

Time(s): 10:30am-1:30pm or 11:45am-1:30pm,

various dates

**Age Restriction:** Any volunteer under the age of 15 must be accompanied by a directly-supervising adult



#### **CONTACT INFORMATION:**

- 1105 S Gilbert Ct #100 lowa City, IA
- A Diane Platte
- icfreelunchkitchen@gmail.
- (319) 775-0616
- iowacityfreelunch.org

Online Volunteer Sign-Up signupgenius.com/go/10C0F4 CAEAE2BA6F5C52-45897288-open#

## Free Medical and Dental Clinic

Provides the widest range of medical and dental services possible to people in the lowa City and surrounding community who would not otherwise have access to care.

#### **Outdoor Cleanup**

Come help clean up our outside space – raking and bagging leaves, trash pickup, other miscellaneous outdoor cleanup.

#### **Renovation Preparation**

Come help us move things into storage in anticipation of upcoming renovations – will include moving boxes of materials into a storage area - boxes of varying weights.

#### **Volunteer Signup**

Email Jennie at jschmidt@freemedicalclinic.org for available dates and times.

#### **CONTACT INFORMATION:**

- 2440 Towncrest Drive lowa City, lowa
- jschmidt@freemedicalclinic. org
- freemedicalclinic.org
- (319) 337-4459





# **Horizons Meals on Wheels of Johnson County**

#### **Description:**

Winter volunteer drivers are needed to deliver meals to our aging and disabled community, as many of our volunteers head south in the winter. The time commitment is very flexible and you must have your own vehicle. We highly encourage bringing friends and/or family along! Groups are always welcome!

**Date(s):** Winter route openings available

each weekday

**Time(s):** 10:30 am - 1:00 pm



A PROGRAM OF Horizons

#### **CONTACT INFORMATION:**

- 2210 9th Street Coralville, Iowa
- Cara Brady
- □ cbrady@horizonsfamily.org
- (319) 375-3160

Online Volunteer Signup volgistics.com/appform/196

## **Houses into Homes**

Provides gently used beds, furniture, and household items for families and individuals in Johnson County who are exiting homelessness, domestic violence, and other crisis situations.

Our mission is to help people feel the comfort of home and to do so in a way that honors their experience and engages them with unconditional positive regard. We also proudly offer volunteers, recipients, donors, and staff a unique opportunity to meet and impact those with whom they share our community.

#### **Volunteer Opportunities:**

- 1. Warehouse Projects: Help with important warehouse projects, such as moving furniture, sorting incoming donations, packing for recipient deliveries. Sign up at
- signupgenius.com/go/10C0F4FAAAC2EABF9C70-houses1
- 2. **Deliveries:** Donate your time (and muscle) to help load our box truck at the warehouse and then unload items at our recipients' homes. Sign up at signupgenius.com/go/10C0F4FAAAC2EABF9C70-houses
- 3. Impact Hour: Make a BIG impact in a short amount of time by bringing 4-8 of your friends and/or coworkers for one hour during the day to work on small projects

Date(s): Ongoing

Time(s): Mon, Tue, Thu: 10am - 4pm Wed, Fri: 10am - 2pm Some weekends

#### **CONTACT INFORMATION:**

- 401 6th Avenue Coralville, Iowa
- Pattie Paradee or Taylor
  Kruse, Volunteer
  Coordinators
- volunteer@housesintohomes .org
- housesintohomes.org

Online Volunteer Application housesintohomes.org/volunte erapp



#### **VOLUNTEER OPPORTUNITIES**

# **Inside Out Reentry Community**

**Winter Volunteer Opportunity** 

Date(s): November 2024-January 2025

Time(s): Any

# **Location:** Inside Out Reentry Community Description

Volunteer Backpack Drive What is involved in a Backpack Drive? Returning to the community after incarceration is challenging. To assist individuals with getting a head start, Inside Out Reentry Community provides a backpack filled with hygiene products and other items to aid the transition between incarceration and returning to the community.

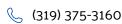
INSIDE OUT

#### CONTACT INFORMATION:

Zaria Rochester



Contact Zaria and she will help you and your group get set up





insideoutreentry.com

Groups such as churches, social action committees, schools, and more - sign up to assist Inside Out with hosting a drive. At these drives, groups will advertise, and collect donations of backpacks and hygiene items. Backpacks are most often requested by men, so male or gender-neutral hygiene products are the biggest need.

# **Iowa City Hospice & Visiting Nurse Association**

Ilowa City Hospice and Visiting Nurse Association of John County are community based, not-for-profit organizations that empower members of our community to live safely in their own environment, as comfortably as they can, for as long as they can. Driven by their belief in equitable care, they accept all forms of insurance and proudly care for uninsured hospice patients. Iowa City Hospice and VNA support our community members to live stronger, healthier, joyous lives in the place that they love most-home.

#### **Volunteer Opportunities:**

Iowa City Hospice and Visiting Nurse Association have volunteer opportunities for office volunteers that help with various office tasks, including database entry, filing, faxing, electronic health record data entry, mailings, and answering phones. Iowa City Hospice also has opportunities for patient and family volunteers that help our patients and their caregivers through various activities, including companionship, caregiver respite, and light housekeeping.

#### **CONTACT INFORMATION:**

Sarah Valiga, Volunteer Coordinator

 □ sarah.valiga@iowacityhospic e.org

(319) 351-5665

**IC Hospice Volunteer Application** volgistics.com/appform/58882 1695

**VNA Volunteer Application** volgistics.com/appform/6649 3631





# **lowa Valley Habitat Construction**

Habitat for Humanity is a 501(c)(3) non-profit organization that works to provide affordable housing in Cedar, Iowa, Johnson & Washington Counties.

Date(s): Thursday - Saturday every week

**Time:** 8am-12pm; 1pm-5pm

**Location:** lowa City



#### **Description:**

Volunteers will help construction staff through the entire home building process. No prior experience or knowledge is required! We train you and give you all the tools you will need to accomplish the tasks at hand.

Age Restrictions: All volunteers must be at least 16 years old. Volunteers under 18 must have liability waiver filled out & signed by parent or legal guardian. Minor volunteers will have slight restrictions regarding the jobs they perform. If you are under 18. it is best to contact the Volunteer Coordinator in advance.

# **lowa Valley Habitat for Humanity Re-Store**

Date(s): Wednesday-Saturday

Time: Between 9:00am and 5:00pm

**Description:** 

ReStore is a donation-based home improvement store whose proceeds benefit Iowa Valley Habitat's affordable homeownership and repair programs. ReStore keeps valuable and usable household items and construction materials out of the landfill and allows homeowners to maintain their homes affordably. ReStore volunteers help with daily operations, receiving and processing donations, merchandising, customer assistance, and other projects as they arise.

Age Restrictions: All volunteers must be at least 16 years old. All volunteers under 18 must have a liability waiver filled out and signed by a parent or legal quardian.

# The Light House Center - Tribulation & Trust Ministries

The Lighthouse Center is a Christian community outreach center in Washington, lowa. We work to meet the needs of the community. We offer food, clothing, furniture, and emergency housing with transitional living. The emergency housing will be available to people in need for up to 45 days unless waiting to go into a transitional living program.

#### **CONTACT INFORMATION:**

604 S lowa Ave. Washington, lowa

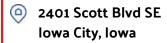
(319) 864-1044

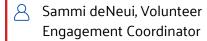
#### **Volunteer Opportunities:**

- Help load and move furniture, etc
  - Monday-Saturday at 980 West 5th Street, Washington, Iowa - call office to sign up
- Hang clothes, set things out on shelves for shoppers, etc.
  - Monday-Saturday
  - Volunteer pre-registration is not required

- Volunteer in the second-hand store, The Master's Hand
  - Call (319) 864-1044 and schedule with Darren or Gerry
  - O Volunteers are always needed to help hang & price clothing and put things out on the racks and shelves
- Volunteer at the shelter
  - Cook evening meals or bring a meal to serve
  - Volunteers needed for shelter cleaning
  - Call the office to schedule

#### CONTACT INFORMATION:





- orq
- (319) 519-6120
- iowavalleyhabitat.org

# Sign up at

build.iowavalleyhabitat.org /volunteer\_calendar



#### **VOLUNTEER OPPORTUNITIES**

# **North Liberty Community Pantry**

North Liberty Community Pantry engages our community in feeding, clothing, and connecting our neighbors to resources and services.



#### **Volunteer Description:**

Help stock food on shelves, sort clothing for distribution, or a special project while we are closed for shopping.

#### **Winter Volunteer Hours**

Dates/Times: 2nd and 4th Monday of the Month 4:00pm-6:00pm

Location: North Liberty Community Pantry 89 N. Jones Blvd., North Liberty,

IA 52317

#### **CONTACT INFORMATION:**

- 89 N Jones Blve North Liberty, Iowa
- Casey Gaylord
- casey.gaylord@northliberty communitypantry.org
- mlcpantry.org

Volunteer Signup nlcpantry.org/volunteer

# **Optimist Club - Iowa City Noon Optimist Club**

#### 2024 Optimist Tree Lot Fundraiser

**Dates:** November 24 – December 15 **Location:** 526 S Riverside Drive, Iowa City

#### **Volunteer Description:**

Volunteers are needed for Tree Lot Set-up, Cashiering, Sales,

and Stocking.

Proceeds from this annual event are reinvested in the community to support youth organizations, youth charities, and projects throughout the year.



#### **CONTACT INFORMATION:**

Volunteer Signup signupgenius.com/go/8050E4 8A5AC23A0F58-51966708-2024#/





# **Ronald McDonald House Charities of Eastern Iowa and Western Illinois**

The Ronald McDonald House Charities of Eastern Iowa and Western Illinois helps families feel at home, even when they can't be. We provide comfort, care, and kindness to families when they must travel for needed medical care for their child.

#### **Description:**

One of our most appreciated amenities is providing dinner to our guests so they can return to a hot meal from the hospital. We are always looking for meal groups to come into our commercial kitchen and prepare these dinners for our families staying here. The meals would need to be prepared by 5:30pm. Your group would be able to come in any time before then in order to prepare the food.

From you, we would need 8 or fewer individuals provide a menu of what you're cooking, and groceries for the meal you're preparing. We would provide all the necessary cooking equipment, utensils, and cookware, the equipment to keep food hot or cold as needed, and staff that can monitor and package food after the families have eaten. If you're interested in signing up for a date, we would love to have you!

**Dates:** 7 Days a Week

**Time:** Dinner is served nightly at 5:30pm

#### **CONTACT INFORMATION:**

- 730 Hawkins Drive Iowa City, Iowa
- Sloane Terrill, Volunteer Manager
- sterrill@rmhc-eiwi.org or volunteercoordinator@rmhceiwi.org
- (319) 500-7642

mhc-eiwi.org

Online Volunteer Signup rmhc-eiwi.org/volunteer-mealopportunities



**CONTACT INFORMATION:** 

**(319) 337-3725** 

A Major Michelle Graham

# Salvation Army of Johnson County

#### Bell Ringers for Miracle of the Bells

You can make a difference with every ring. The funds you raise as a Salvation Army bell ringer will make a year-round impact in your community through social services assistance, homeless shelters, disaster relief, children's programs, rehabilitation services, anti-human trafficking, and more.

#### **Description:**

Volunteers are needed in ringing bells for the Salvation Army of Johnson County Christmas Campaign. There will be multiple locations beginning November 10 through December 23. Multiple time slots are available, beginning with two-hour slots.

Dates: November 8 - December 24

**Location:** Various locations throughout Johnson County



**Bell Ringer Signup** 

www.registertoring.com















# **Shelter House, Iowa City**

Shelter House is a non-profit organization that has provided housing and supportive services to people experiencing homelessness since 1983.



#### **Administrative Support Volunteers**

At the end of each year, Shelter House requests additional volunteer support in our back office assisting with year-end file management. Volunteer training is provided, and volunteers will work with volunteer coordinator to schedule. The ideal volunteer will come periodically throughout the winter (once a week or every other week); however, Shelter House can use volunteers available for a range of time commitments. Shift times and durations are flexible, but all will take place between 8:00 am and 5:00 pm.

Date(s): Monday-Friday

Time(s): As agreed upon, any time between 8:00 am and 5:00 pm

#### **Holiday Gift Wrapping**

Shelter House will have a stand in the main lobby of Coral Ridge Mall on December 16th, and we are looking for volunteers to help us wrap gifts for mall shoppers and community members as the holidays approach.

#### **CONTACT INFORMATION:**

- 429 Southgate Avenue Iowa City, Iowa
- Brett McCartt, Volunteer Coordinator
- brett.mccartt@shelterhouse iowa.org
- shelterhouseiowa.org

Admin Volunteer Signup Info shelterhouseiowa.org/volunte er/

Gift Wrapping Volunteer Signup signupgenius.com/go/30E0C4 EA4AE22ABF85-52895224-gift

# **Table to Table**

Table to Table needs your help this winter to meet the need! While we aren't open on Thanksgiving or Christmas Day, we do especially need help during the holiday season when there is more food to rescue and fewer people who can help. We'll need extra help covering our food rescue route shifts and keeping our vehicles clean and ready for routes throughout the winter and into the spring.

**Date(s):** Throughout winter months

Time: 2-3 hour shifts between 8:00 AM - 1:00 PM Monday - Saturday

Location: 1049 US-6 E (Pepperwood Plaza), Iowa City

#### **Group Volunteer Opportunity**

**Looking for a group volunteer activity?** We welcome volunteer groups on Saturday mornings in January to deep clean our food rescue fleet, ensuring our vehicles are ready to rescue food all week!

We would love to have you join the amazing team of volunteers that are the lifeblood of our mission.

Dates: Saturdays, late December through January

**Time:** 10:30-12:30

#### **CONTACT INFORMATION:**

- Pepperwood Plaza 1049 US-6 E lowa City, lowa
- Jared Long, Volunteer Program Coordinator
- □ volunteer@table2table.org
- (319) 337-3400
- table2table.org

Sign Up Online: table2table.org/volunteers



#### **VOLUNTEER OPPORTUNITIES**

# **Toys for Tots**

Through the gift of a new toy or book, Marine Toys for Tots programs bring the joy of Christmas and send a message of hope to America's disadvantaged children. To date, 677 million toys have been distributed to 301 million deserving children nationwide.

#### **Description:**

Volunteers are needed for picking up, organizing, and distributing toys to registered families.

Dates: December 9 - December 21

Time: Various time slots

**Location:** Johnson County Fairgrounds, lowa city

#### **CONTACT INFORMATION:**

Toys for Tots Volunteer Signup signupgenius.com/index.cfm? go=c.SignUpSearch&eid=08C6 CCDFF4C8FE630B&cs=09CBBA D98FBE8B137B0B640F5BB39 BCDFDB4&sortby=startdatea



# **United Way of Johnson & Washington Counties**

Volunteering is at the heart of United Way's mission. Mobilizing volunteers is a core service of United Way through the United Way Volunteer Center. We are here to help individuals and/or businesses help others. Whether you're interested in mentoring a young person, offering your skills as a financial advisor or spending an afternoon with a senior - If you have a few hours a month or one day a year, we can help you find a volunteer opportunity that matches your skills and interests.

#### Sign Up or Learn More:

unitedwayjwc.org/volunteer-center

#### 55+ RSVP Volunteer Program

If you are 55 years of age or better and wishing to make an impact in the community then United Way 55+ RSVP is your resource to finding that fulfilling and interesting volunteer opportunity. The Program serves Johnson, and Washington Counties. Get involved using your lifetime of experience to reach out and help others. Individual abilities and interests are matched with community volunteer needs.

# As a 55+ RSVP Volunteer you can assist with volunteer opportunities such as:

- Medical Transportation to provide rides to seniors and disabled adults with no other way to travel to their healthcare appointments
- Reading Buddies and Pen Pals to boost literacy in local students
- Be matched with volunteer opportunities at local non-profits.

Signup or review more information here: unitedwayjwc.org/55-rsvp-initiative

#### **CONTACT INFORMATION:**

- 1150 5th Street, Suite 290 Coralville, Iowa
- Wendy Nolan
- wendy.nolan@unitedwayjwc. org
- **(**319) 338-7823
- unitedwayjwc.org

Online Volunteer Signup volunteer.unitedwayjwc.org





#### **VOLUNTEER OPPORTUNITIES**

# University Of Iowa DeGowin Blood Center

Date(s): Ongoing Time(s): Varies by day

Location: UI DeGowin Blood Center located in the in the

University Hospital (Elevator B, Level 2)

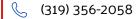
#### **Description:**

Give the gift of life this holiday season by taking the time to donate whole blood or platelets. All blood types are needed. Donating with the UI DeGowin Blood Center has a local impact because all donations help patients at UI Health Care and UI Stead Family Children's Hospital.

Visit **uidegowinbloodcenter.org** for a list of upcoming blood drive dates and times.

#### **CONTACT INFORMATION:**

200 Hawkins Drive
 C250 General Hospital
 Iowa City, Iowa



uidegowinbloodcenter.org



# **Volunteer Income Tax Assistance (VITA)**

VITA is a national IRS sponsored program that provides free tax preparation of federal and state tax returns for households with income less than \$64,000.

Volunteers are critical to the success of the VITA program. VITA volunteers help complete and file tax returns for those who have a limited income. On average, it costs a taxpayer nearly \$300 to have taxes done. This money can instead be used for basic needs such as groceries and rent.

Volunteer opportunities include Greeters and Tax Preparers and shifts are flexible January through mid-April. No tax experience is required. Online training sessions are provided and required.

#### **CONTACT INFORMATION:**

More Info & Signup Link: johnsoncountyiowa.gov/social -services-non-menupages/vita-volunteer-incometax-assistance



# **YMCA of Washington County**

#### **Annual Christmas Bazaar**

This event has been a staple in Washington County for over fifty years. The Christmas Bazaar gives kids a chance to build confidence, independence, and sense of pride that comes from spending money they earned to purchase gifts for the loved ones in their lives. washingtony.org/annualevents/

Date: Saturday, December 7th 8:00 am - 1:00 pm

Volunteer Shifts: 7:30am - 10:30am or

10:30am - 1:30pm

Location: 520 W 5th St, Washington, IA



#### **CONTACT INFORMATION:**

520 W 5th StreetWashington, Iowa 52353

A Taylor Hansen

(319) 653-2141

www.washingtony.org

# Giving Opportunities

The following are giving opportunities serving organizations around the holidays. Whether your donation is in-kind (clothing, food, etc.) or monetary, your support is critical to these organizations during this time of the year, as many see an influx of those they are serving. Your generosity is much appreciated!



# Adopt-a-Family

For individuals, families, organizations, and faith communities looking to adopt families for the holiday, please contact us directly. All families are identified and referred by United Way Partner Agencies.

unitedwayjwc.org/uwadoptfamily





#### **CONTACT INFORMATION:**

- 1150 5th Street, Suite 290 Coralville, Iowa
- Emily Meister, Director of Cummunity Impact & Engagement
- emily.meister@unitedwayjwc. org
- (319) 338-7823
- unitedwayjwc.org

For donation questions contact info@unitedwayjwc.org

## Gift Ideas By Age Group

#### **BIRTH TO AGE 3**

There is so much learning and development going on at these ages. Toys that support fine motor, social and language skills are important. Toys that stimulate the senses and help build physical strength are also good.

#### **Examples:**

Dolls, trucks, musical toys, talking toys, activity books, pretend play toys (strollers, vacuums, farms), balls, shape sorters, play mat, teething toys, bath toys

#### **AGES 4-7**

Toys that activate the brain, muscles and reflexes are important during this stage of development. Kids at these ages like crafts, to build things and to tear things down.

#### **Examples:**

Barbie dolls and accessories, action figures, art or craft projects and supplies, Legos, dress-up items, building toys, board games, puzzles

#### **AGES 8-12**

Kids at these ages are developing strong memories, favorite hobbies and lasting friendships. Toys that support communication skills, Imagination and vocabulary are helpful.

#### **Examples:**

Remote control cars, sports balls and equipment, Legos, Nerf toys, board and card games, science experiments, arts and craft projects, jewelry kits, posters, music, shoes or gift card for a pair, school items

#### **TEENS**

Teens are independent & invested in their individual identity. Their wish lists can be very specific; with clothing, it's recommended to stick to basics—solid colors & classic pieces.

#### **Examples:**

Clothing, jewelry, music, electronic items, board games, sports equipment, make-up, arts/craft projects, shoes/gift card for a pair, hair accessories, gift cards for haircut or manicure, movie theater gift cards, fast food gift cards



# **4Cs of Johnson County**

#### **Mission statement:**

Making a difference to ensure all children, regardless of barriers, receive a quality early childhood experience that provides a foundation for lifetime success.

#### **MONETARY DONATIONS**

Help support our individual work with those who work in the childcare workforce!

#### **Donate Online:**

secure.lglforms.com/form\_engine/s/al Od6awNi22ywl2PvW5PcA

#### Or Mail Check to:

1500 Sycamore Street Iowa City, IA 52240

#### GIFT CARD DONATIONS REQUESTED

- Amazon Gift Cards
- Aldi Gift Cards
- Walmart Gift Cards



#### OF JOHNSON COUNTY

#### **CONTACT INFORMATION:**

- 1500 Sycamore Street lowa City, lowa
- A Missie Forbes
- **(319) 338-7684**
- iowa4cs.com

**DONATE ONLINE** 

#### **GIFT ITEMS & SUPPLIES**

- 8x11 copy paper
- Crayons
- Markers
- Construction paper
- Glue sticks
- Card stock (variety of colors)
- Stickers
- Microwave
- Mini fridge (breast milk)
- Dishwasher

- Stove
- Pots and Pans
- Cooking utensils
- Cutting boards
- Diapers (sizes4-6)
- Boys and girls clothes size infant through 5T
- Child underwear
- Preschool Toys

# **Agape Café**

Serves a freee, hot, breakfast dine-in or to-go for our neighbors experiencing homelessness and/or food insecurity.

#### Gift Guide:

 Commercial Toaster:
 waringcommercialproducts.com/files/products/CTS1000-Toasting-System-Spec-Sheet-20130805.pdf



#### **CONTACT INFORMATION:**

- Old Brick
  26 E. Market Street
  lowa City, lowa
- agapecafe.org
- A Jenny Britton
- □ agapebreakfast@gmail.com

Donate Online agapecafe.org/#donate-section

#### The Arc of Southeast Iowa

The Mission of The Arc of Southeast Iowa is to foster communities of respect and inclusion for people of all abilities through advocacy, support and service. Throughout our sixty-year history, The Arc has been instrumental in identifying missing services for people with disabilities.

#### **DONATION WISH LIST**

- Facial tissues
- Paper towel rolls
- Disinfecting wipes
- Dish soap
- Paper/coloring books (for children & adults)



#### **CONTACT INFORMATION:**

- 2620 Muscatine Avenue lowa City, lowa
- Chelsey Markle, Executive Director
- □ chelseymarkle@arcsei.org
- **(319)** 569-6122
- www.arcsei.org

# **Big Brothers Big Sisters of Johnson County**

Since 1904, Big Brothers Big Sisters has been enriching children's lives. We match and support youth in 1-to-1 relationships with caring adults to make a big difference for them and for the community.

#### **Description**

Bigs and Littles meet throughout the year experiencing many things our community has to offer. We encourage volunteer Bigs to find activities that are free or low-cost and those that provide exposure and access that our kids may not always have. For the most part our Bigs are treating their Littles to many meals and experiences that do impact their personal budgets. BBBSIC would like to be able to provide our BIGS (particularly our U of I student Bigs) some relief by distributing gift cards they can use to offset costs of their outings.

#### **WANTED - SUPPORT FOR BIGS/LITTLES EXPERIENCES**

- Gift cards of any denomination to restaurants in the community.
- Gift cards to entertainment venues, i.e. movie theatres, sport venues (Pinseekers, Rec Center, Hawkeye Tickets, Bowling, Arcades...)

#### **CONTACT INFORMATION:**

3109 Old Hwy 218 Slowa City, lowa 52246

**Drop-Off Times**Monday-Friday 9am-4pm

- Daleta Thurness, Executive Director
- □ daleta@bbbsjc.org
- bbbsjc.org

Donate Online secure.qgiv.com/for/cobbbsoj cm/





# **Bur Oak Land Trust**

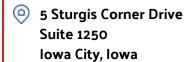
For 45 years, Bur Oak Land Trust has been fighting for biodiversity by protecting land in eastern lowa and restoring it to bring back healthy prairie, woodlands and wetlands. The 501(c)(3) nonprofit protects more than 1,000 acres of land on its preserves and through conservation easement agreements with local landowners and improves the land with help from its AmeriCorps conservation crew. Bur Oak makes nature open to all by offering no cost community-based educational events, guided programs and 11 preserves open to the public year-round, many with maintained trails and lots to explore.

#### **Donations requested**

Generous financial support helps the land trust continue to acquire and improve local land for the benefit of people, plants and wildlife, and raise overall environmental health for area communities.

To learn more about Bur Oak's projects, programs and community impact, visit **buroaklandtrust.org** or follow along on Facebook, Instagram and LinkedIn.

#### **CONTACT INFORMATION:**



meredith@buroaklandtrust.
org

Donate Online buroaklandtrust.org



## **Clothing Closet at Iowa**

The Clothing Closet at Iowa's mission is to provide undergraduate and graduate students at the University of Iowa with access to quality, new or used, professional clothing at no cost.

#### **DONATIONS REQUESTED**

- Gently Used Professional Attire
- Shoes
- Accessories
- Amazon Wish List
- Donate Funds Online



#### **Monetary Donations:**

Monetary Donations can be made online through the **University of Iowa Center for Advancement**, please select "see additional options or make multiple gifts" and then "other." Specify it should be given to the Clothing Closet at Iowa.

The Clothing Closet at Iowa also accepts monetary donations in the form of cash or check (make payable to "Clothing Closet at Iowa"). Donations can be accepted at the office of the Dean of Students in 135 IMU. Visit their website at <a href="mailto:imu.uiowa.edu/imu-services/clothing-closet">imu.uiowa.edu/imu-services/clothing-closet</a>

#### **CONTACT INFORMATION:**

IMU Room G200 125 N Madison Street Iowa City, Iowa

Drop off donations any time during open hours

Tue: 12pm - 7pmWed: 11am - 7pmThu: 10am - 7pmFri: 1am - 1pm

imu.uiowa.edu/imuservices/clothing-closet

**DONATE ONLINE** 

# **Community and Family Resources**

Dedicated to assisting individuals, families and communities achieve healthy behavior & lifestyle through advocacy, prevention & treatment of substance abuse, problem gambling, and mental illness.

These requests will greatly improve the lives of our patients and bring them comfort and hope. We request that items be new or gently used.

#### **DONATIONS REQUESTED**

- Hats
- Gloves
- Journals
- Planners
- AA and NA books
- Arts & crafts supplies
- Yoga mat
- Hand weights
- Exercise stretchy bands
- T-shirts in all sizes
- Underwear in all sizes
- Socks

#### **CONTACT INFORMATION:**

- 430 Southgate Avenue lowa City, Iowa
- Michelle De La Riva, Executive Director
- cfrhelps.org



#### **Donation Drop-Offs:**

Monday - Friday 8:00 AM - 4:30 PM at 430 Southgate in Iowa City

# **Community Crisis Services & Food Bank**

CommUnity Crisis Services and Food Bank is a volunteer-driven organization that provides immediate and non-judgmental support for individuals facing emotional, food or financial crisis

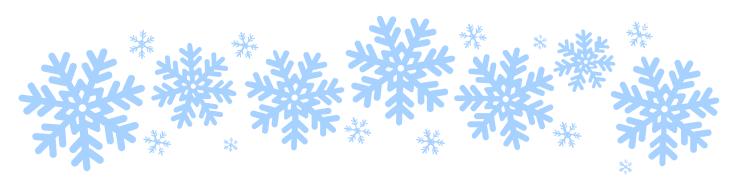
#### **DONATION WISH LIST**

- · Financial donations
- Formula
- Baby diapers
- Dry rice
- Baby wipes
- You can drop off donations at 1045 Highway 6 East Iowa City, IA 52240

#### **CONTACT INFORMATION:**

- 1045 Hwy 6 East lowa City, Iowa
- Julia Winter
- ☑ julia.winter@builtbycommu nity.org
- builtbycommunity.org





# **Coralville Community Food Pantry**

# DONATION WISH LIST

#### **Top Needed Items:**

- Menstrual Products
- Diapers (size 5+)
- Dog Food
- Cat Food



#### **CONTACT INFORMATION:**

- © 804 13 Avenue Coralville, Iowa
- A Hai Huynh
- coralvillefoodpantry.org

# **Domestic Violence Intervention Program (DVIP)**

Beginning November 4th, the Domestic Violence Intervention Program and Rape Victim Advocacy Program will begin collecting donations for our annual Holiday Store. Each year, our clients are able to shop for their kiddos in a confidential environment. The gifts brought in through this donation drive allow each child to receive 3 large gifts, stocking stuffers, pajamas, and an unlimited number of books. This holiday donation drive runs through December 22nd!

#### **CONTACT INFORMATION:**

- Allison Tippe, DVIP Volunteer Coordinator
- allisont@dvipiowa.org
- (319) 359-9353
  - dvipiowa.org

### Holiday Gift Drive November 4 - December 22

#### **HOLIDAY STORE WISH LIST**

- Gift Cards Target and WalMart
- Legos
- STEM Toys
- Dolls and Barbies
- Arts and Crafts Kits
- Games
- Infant and Toddler Toys
- Action Figures
- Slime and Playdoh
- Books
- Self-care gifts for Adults
- New Pajamas

#### **Drop off:**

Barrel locations for donations:

- Dodge Street Tire
- Scheels
- Ace Hardware
- Red's Alehouse
- Applebee's (Coralville)Bluebird Cafe -North Liberty
- Tamarack Discovery School
- Willowwind School
- Tractor Supply





# **Food Pantry at Iowa**

The Food Pantry at Iowa's mission is to provide nutritious food and basic necessities for University of Iowa students, faculty, and staff in need, and to fight food insecurity through education and advocacy.



#### Donate via Amazon

Please check out the Amazon Wish List at this link:

amazon.com/hz/wishlist/ls/2TB10AVBP3XXU/ref=nav\_wishlist\_lists\_2 - If you purchase something on this list, it gets shipped right to us! So no hassle at all for you! Thank you for your donation!

#### Make a monetary gift to the pantry

If you would like to donate monetarily to the food pantry, please mail a check or **donate online**.

#### Food Pantry at Iowa

ATTN: Steph Beecher, RM 135 125 N Madison St. Iowa City, IA 52240

Please make checks out to 'The Food Pantry at lowa'. Make sure you put a note in the envelope with your name and a return address so we can send you a thank you! The Food Pantry at lowa team appreciates your support as we work to fight food insecurity at the University of Iowa.

#### **CONTACT INFORMATION:**

- IMU 125 N Madison Street Iowa City, Iowa
- studorgfoodpantry@uiowa.edu
- imu.uiowa.edu/imuservices/food-pantry-iowa

**DONATE ONLINE** 

## Free Medical and Dental Clinic

Provides the widest range of medical and dental services possible to people in the lowa City and surrounding community who would not otherwise have access to care.

#### **DONATION WISH LIST**

- Powder-free and latex-free medical gloves (any size, especially Medium)
- BP Cuffs "Arm" / Automatic
- Lidocaine Back Patches
- True Metrix- strips
- True Metrix EZ Monitors
- Prenatal vitamins
- "Forever" stamps)

- Diclofenac gel (generic Volaren)
- Tennis Elbow braces and carpal tunnel wrist splints – Righthanded, medium and large
- Black Ink Pens "Clicky"
- Insulin pen tip/needles
- Penfine (classic) brand needle pen tips in sizes 4mm,
   5mm,and 6mm

#### **CONTACT INFORMATION:**

- 2440 Towncrest Drive lowa City, lowa
- freemedicalclinic.org
- **(**319) 337-4459

Please contact the clinic for drop-off times



# **Grow: Johnson County**

During this season of giving, consider supporting Grow: Johnson County by donating directly to our program.

By giving to Grow, you help make it possible for us to purchase seeds, potting mix, and fuel for our tractors. You help supports educational programming for youth & emerging farmers in Johnson County. You help make it possible for us to grow and distribute over 41,000 pounds of seasonal fruits and vegetables each year to food pantries in our community. Help us continue to make a difference on a local level by providing our neighbors with healthy fresh produce this next growing season.

Much of what we do is made possible by individual and corporate sponsorship. Help us make 2025 another successful year.

All gifts are tax deductible. Grow: Johnson County is a program of Iowa Valley Resource Conservation & Development, a tax-exempt 501(c)3 nonprofit. Tax ID # 42-1481272

#### **CONTACT INFORMATION:**



🔼 Lisa Stark, Education & Outreach Coordinator

**How to Donate** growjohnsoncounty.org/donate



#### HACAP

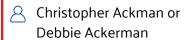
Families with little to no income have a tough time during the holidays and are often in need of extra support. Monetary donations allow HACAP to be flexible in best meeting the needs of the families we serve in our programs. Make the holidays brighter for a family, veteran or child in your community by helping in one of the following ways:

#### **DONATION WISH LIST**

- Head Start Classroom Supplies
- Support for Pregnant Women
- Veteran Transportation Costs
- Food Purchasing for the Food Reservoir



#### **CONTACT INFORMATION:**



hacap.org

Donate Online hacap.org/holidays



#### **Houses into Homes**

Provides gently used beds, furniture, and household items for families and individuals in Johnson County who are exiting homelessness, domestic violence, and other crisis situations.

# DONATION WISH LIST

#### Furniture Items

- New or gently-used mattresses, box springs, and frames, especially twin-sized
- Couches
- Loveseats
- Floor and Table Lamps

#### Kitchen Items

- Pots & pans, bakeware
- Baking sheets
- Toasters
- Microwaves
- Table Knives
- Microwaves

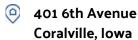
#### Bed/Bath Items

- Comforters of all sizes
- New bed pillows
- Bath towels, hand towels, and washcloths
- New shower curtain liners
- Plastic or non-slip hangers, no wire hangers

#### Other Highly Needed Items

- Children's books featuring diverse characters
- Toys and games including diverse dolls and action figures
- Funds

#### **CONTACT INFORMATION:**



 □ donations@housesintohom es.org

housesintohomes.org

**How to Donate** housesintohomes.org/donate



# **Inside Out Reentry Community**

#### Mission

To support people involved in the criminal legal system in changing from the inside out, and to educate the public, in order to promote healing, restore relationships and achieve success in the community.



#### **CONTACT INFORMATION:**

Zaria Rochester

zaria@insideoutreentry.com

🣞 (319) 375-3160

insideoutreentry.com

#### **DONATION WISH LIST**

- Backpack- Standard size
- Shampoo and Conditioner Deodorant
- Bars of soap
- Body wash
- Wash Cloths

- LotionNail Clippers
- Toothbrushes
- Toothpaste
- Pens
- T-Shirts
- **Boxers**
- Socks



# Iowa City Animal Care & Adoption Center/Friends of the Animal Center Foundation

Friends of the Animal Center Foundation's purpose is to raise funds to support and expand the animal care services of the Iowa City Animal Care and Adoption Center and fulfill the financial needs of animal welfare initiatives in our community. We seek health, comfort, freedom from fear, and a loving guardian for our companion animals.

#### **Donations Requested:**

Amazon, VISA, Mastercard, or gift cards to local retail stores provide specific animal care items as needed and are helpful in any amounts!





#### **CONTACT INFORMATION:**

3910 Napoleon Lane lowa City, lowa

**Drop-Off times** 

Mon-Fri 10:30am - 5:30pm Saturday 10:30am - 3:00pm

(319) 356-5295

Donate Online www.facf.org

#### Or Mail to:

**FACF** 

Box 1345 Iowa City, IA 52244

#### DOGS

- VERY DURABLE dog toys all sizes.
- Clean blankets
- Large bath towels
- Really tough dog chews like antlers, Benebones, Nylabones
- Large and X Large plush dog toys
- Wellness Brand soft dog treats

#### **SMALL ANIMALS**

- Chew sticks and toys for rabbits, hamsters, quinea pigs, and rats
- OxBow rabbit food
- Oxbow guinea pig food
- Large hidey boxes for rats and small bunnies
- Small but deep-water crocks

#### CATS

- Cat toys, especially little mice, wand toys, and "kickers"
- NutriSource Senior Cat Weight Management Chicken & Rice dry cat food\*
- NutriSource Cat & Kitten Food, Chicken & Rice recipe\*
- Unscented clay or unscented scoopable litter
- Small washable cat beds
- Stretch & Scratch small scratching pads
- High quality canned kitten food like Royal Canin Mother and Babycat

#### MISC

- Washcloths
- Towels
- Frontline, Advantage, and Revolution treatment for fleas and ticks
- Bleach
- Paper towels
- Dawn dish soap
- Newspaper without slicks

\*Cats at the Center are fed NutriSource Cat/Kitten Chicken & Rice or NutriSource Senior Cat Weight Management Chicken & Rice dry cat food. Dogs are fed Fromm Classic Chicken & Rice dry dog food. Find these foods at local pet supply stores or consider a monetary contribution towards food!

**Items not needed and unable to store:** rabbit cages, dog crates or kennels, and dog houses. Feel free to call us for a list of other organizations that may be in need of these items.

# **lowa City Free Lunch Program**

The Free Lunch Program (FLP) is one of the "quiet services" in the Iowa City area that strives to do one thing well: provide a free, filling and healthy lunch to anyone who comes to us.

#### **DONATION WISH LIST**

- Amazon Wish List: https://a.co/baTMozU
- Free Lunch Program serves many of our unhoused neighbors. Winter gear will help them survive the cold. Items will be distributed on an as-needed basis, as long as supplies last. You can also help support the Free Lunch Program's mission of "an open door, a full plate, no questions asked" by visiting https://iowacityfreelunch.org/support/
- Waterproof or insulated gloves (no stretch knit)
- Hats (large size)
- New warm socks

#### **CONTACT INFORMATION:**

1105 S Gilbert Court #100 lowa City, lowa

> **Donation Drop-off Times** Mon-Sat 11am - 2pm

- Piane Platte
- icfreelunchkitchen@gmail.
- **(**319) 775-0616
- iowacityfreelunch.org



# **lowa City Hospice & Visiting Nurse Association**

lowa City Hospice and Visiting Nurse Association of John County are community based, not-for-profit organizations that empower members of our community to live safely in their own environment, as comfortably as they can, for as long as they can. Driven by their belief in equitable care, they accept all forms of insurance and proudly care for uninsured hospice patients. Iowa City Hospice and VNA support our community members to live stronger, healthier, joyous lives in the place that they love most–hom\e.

#### **Amazon Wish List**

amazon.com/hz/wishlist/ls/HS5DTFRV1WIQ/ref=hz\_ls\_biz\_ex

#### **DONATION WISH LIST**

- Black pens
- Printer paper
- Post-it notes
- Toilet Paper
- Paper Towels



#### **CONTACT INFORMATION:**

- Sonya Clements, Development Coordinator
- □ clementss@vnaic.org
- (319) 351-5665

Donate Online
VNA: vnaic.org/donate/

Iowa City Hospice: iowacityhospice.org/donate/



# Iowa Valley Habitat Affordable Homeownership & Helping Hands Home Repairs

#### **Donations Requested:**

Monetary donations to sustain and grow our Homeownership, Helping Hands, and Emergency Repair and Major Appliance Replacement (ERMAR) programs.

Your gift can be designated to a specific project or program, or you can designate your donation to support our general fund. Honorary and memorial gifts can also be made to recognize or remember someone special to you.

#### Mail donations to:

Iowa Valley Habitat for Humanity 2401 Scott Blvd. SE Iowa City, IA 52240



#### **CONTACT INFORMATION:**

- 2401 Scott Blvd SE lowa City, IA
- A Tami Bonnett
- □ tami@iowavalleyhabitat.org
- (319) 519-6121
- iowavalleyhabitat.org

Donate Online bit.ly/ivhfhdonate

# Donate to or shop at the Habitat ReStore

Donate to or shop at the Habitat ReStore Your donations to the ReStore help to fund our **Affordable Homeownership** and **Helping Hands Home Repair** 



programs. We also offer a FREE pick-up service of your donations.

Visit www.iowacityrestore.com to request a FREE donation pick-up.

ReStore is open for shopping Wednesday - Saturday, 9:00am-5:00pm

#### **CONTACT INFORMATION:**

2401 Scott Blvd SE lowa City, lowa

> **Donation Drop-Off Times** Wednesday-Saturday 9am-4:30pm

- (319) 338--5687
- iowacityrestore.com



# The Light House Center - Tribulation & Trust Ministries

#### FOOD/KITCHEN WISH LIST

- Dawn Dish Soap
- Napkins
- All Sizes Ziplock Storage Bags & Freezer Bags
- Foil and Clear Wrap
- **Bottled Water**
- Spices
- Fruit Juices

- Meats
- Condiments
- Sugar
- Flour
- Pancake Mix
- Nice Pots & Pans
- **Good Electric Stove**

#### **CONTACT INFORMATION:**

- 604 S lowa Avenue Washington, Iowa
- Rachel Kemper
- tribulationandtrust@yahoo. com
- tribulationandtrust.com

# **CLEANING SUPPLIES WISH LIST**

- Clorox Wipes
- Paper Towels
- Bleach
- Laundry Soap & Softener (urgent)
- 13 & 39 Gallon Trash Bags
- Pine-Sol/Toilet Bowel Cleaner

#### **CLEANING SUPPLIES WISH LIST**

- Shampoo & Conditioner
- Deodorant
- Bath Gel & Bar Soap
- Full Size Toothpaste
- Feminine Hygiene Products
- Toilet Paper

#### **OFFICE SUPPLIES WISH LIST**

- Wide Clear Packing Tape
- Wide Strapping Tape
- Regular Masking Tape
- White Printer Labels 1"x 2 3/4"
- Regular & Cardstock White **Printer Paper**
- Sharpie Markers

Wish list items, cash & check donations can be dropped off at the shelter or mailed to The Light House Center

# Miracles in Motion Therapeutic Equestrian Center

Make Miracles this holiday season! Miracles in Motion is a therapeutic equestrian center supporting individuals with disabilities, veterans, and caregivers through equite therapy in the Easter Iowa area.

#### **DONATION WISH LIST**

- Office Supplies
- **Bathroom Cleaning Supplies**
- Carrots
- Tractor Supply Gift Card
- Costco Gift Card
- Fleet Farm Gift Card

- Theisen's Gift Card
- Toilet Paper
- Paper Towels
- Horse Treats
- Child Sized Riding Helmets
- Snacks

# **CONTACT INFORMATION:**

- 2049 120th Street NW Swisher, Iowa 52338
- Deb Leichsenring, Director of Operations
- com
- 📞 (319) 857-4141
- miraclesinmotion.com

#### Donation May be sent to:

Miracles in Motion 2049 120th St NW Swisher, IA 52338



# **Neighborhood Centers of Johnson County (NCJC)**

NCJC is a community-based, family-centered, human services agency serving Johnson County, lowa since 1973. Our programs and activities reach over 400 children/youth and 200 adults each day.



#### EARLY CHILDHOOD PROGRAM (AGE UP TO 5) WISH LIST

- Waterproof mittens and gloves Kinetic Sand (ages 2-5)
- **Diapers** (Sizes: 4,5,6 Preferred brands: Loves, Huggies, Pampers, Kirkland)
- Literacy materials (ages 2-6)
- Math materials (ages 2-6)
- Magnatiles (multiple sets)
- Sensory table for preschoolers
- Markers
- Construction paper
- Glue gallon jugs (white and clear) •
- Glue sticks

- Dry Erase markers
- Playdough
- Playground balls
- Child size shovels and buckets for sand
- Multi-cultural baby dolls
- Dollhouse furniture
- Children's Books (main character is a person of color)
- Simple board games (ages 3-6)
- Madd Matter
- Water Colors

#### **CONTACT INFORMATION:**

- 2651 Roberts Road Iowa City, Iowa
- Bella Arredondo, Volunteer and Community **Engagement Specialist**
- ☑ Bella-Arredondo@ncjc.org
- (319) 354-7989 x104

#### **Community Engagement**

- Foldable Tables (8ft, 10ft,
- Plastic/Metal Foldable Chairs

#### **BASP PROGRAM (AGES 5 TO 12)**

- Gloves for ages Kindergarden-6th grade (preferably waterproof)
- Hats
- Warm Socks
- Books (ages 7 12)
- Dress up clothes
- paint paper
- kid scissors
- Kinetic Sand

- Playground and sports balls
- ball pumps
- jump ropes
- board games for kids
- arts and craft projects
- Dry Erase markers
- Playdough
- Child size shovels and buckets Water Colors for sand

- Playground balls
- Multi-cultural baby dolls
- Dollhouse furniture
- Children's Books (main character is a person of color)
- Simple board games (ages 3-6)
- Madd Matter

#### FAMILY SUPPORT PROGRAMS (PARENTS WITH AGES UP TO 5)

- Winterization kits (item to keep drafts out of windows and doors, carbon monoxide protectors, etc) (Most needed item)
- blankets
- warm clothing for adults and **kids** (gloves, hats, coats, scarves, sweatshirts, boots, etc)
- diapers (all sizes -- Preferred brands: Loves, Huggies, Pampers, Kirkland)

- Baby wipes
- Literacy materials in multiple languages(French, Spanish, Arabic – ages 2-6 -- Board books are best)
- Smoke Detectors
- Batteries
- wagon
- Large Rectangular Vinyl table clothes
- Dress up clothes

- Reborn Weighted Doll (ethnic)
- **Baby Mirrors**
- Stacking Cups
- Clear Storage Bins
- **Fingerpaints**
- Tissue paper
- Shaving cream
- Ziploc bags: quart, gallon sizes
- **Necklace Beads**

# **North Liberty Community Pantry**

North Liberty Community Pantry engages our community in feeding, clothing, and connecting our neighbors to resources and services.

#### **HIGHEST PANTRY NEEDS**

- Financial Donations (\$1 can purchase 5 lbs of food!)
   Donate Online Now
- Toilet Paper
- Pasta
- Rice
- Snacks for kids
- Feminine hygiene products



#### **CONTACT INFORMATION:**



Drop Off Days/Times:

Mon-Thurs 12pm - 4pm

- Ryan Bobst
- (319) 626-2711
- mlcpantry.org

Donate Online nlcpantry.org/donations

# Pathways Adult Day Health Center/Aging Services

Pathways Adult Day Center provides services for individuals age 18 and older who may require support, supervision and structure away from home to remain independent. Staff is committed to assisting participants experiencing Alzheimer's disease and related dementias, vision loss, depression, brain injuries, developmental disabilities, impairments resulting from stroke, and other conditions, achieve maximum levels of independence.

#### **Description:**

Aging Services would love to have the following items donated to Pathways Adult Day Center to help keep participants busy and comfortable during the winter months!

#### **ITEMS NEEDED**

- Beads
- Paint Brushes
- Adult Coloring Books
- Markers

- Scissors
- Construction Paper
- Board Games
- Uno Card Game

#### **CONTACT INFORMATION:**

- 817 Pepperwood Lane Iowa City, Iowa
- Carrie Meade, Manager
- □ Carrie.Meade@unitypoint.org
- (319) 339-6162



# UnityPoint Health

AbbeHealth Services

Aging Services, Inc./Pathways Adult Day Health Center



# Ronald McDonald House Charities of Eastern Iowa and Western Illinois

#### **DONATION WISH LIST**

- Snacks
- Funds for Meal Donations
- Tie Blankets adult size
- KCups
- Swiffer WetJet Vinyl, Tile & Laminate Solution
- Heavy Duty Sponges
- Paper towels
- Full size toiletries (shampoo, conditioner, body wash)
- Water cups
- Pantry Items

#### **CONTACT INFORMATION:**

- 730 Hawkins Drive lowa City, Iowa
- Sloane Terrill, Volunteer Manager
- **(319) 500-7642**
- mhc-eiwi.org



#### Mail or deliver donations to:

Ronald McDonald House Charities of Eastern Iowa & Western Illinois at 730 Hawkins Drive in Iowa City 52246

# Salvation Army of Johnson County



You can make a difference with every ring. The funds raised by Salvation Army bell ringers will make a year-round impact in your community through social services assistance, homeless shelters, disaster relief, children's programs, rehabilitation services, anti-human trafficking, and more.

#### **CONTACT INFORMATION:**

Major Michelle Graham

(319) 337-3725

# **Shelter House, Iowa City**

Shelter House is a non-profit organization that has provided housing and supportive services to people experiencing homelessness since 1983.

#### **DONATION WISH LIST**

- Heavy Winter Coats
- Sweatshirts and hoodies
- Warm gloves and hats
- Warm winter boots
- NEW socks and NEW underwear
- Hand warmers
- Mattresses
- Pillows
- Blankets
- Bed Sheets
- Toiletries (body wash, lotion, razors)

#### **CONTACT INFORMATION:**

- 419 Southgate Avenue lowa City, lowa
- Christine Hayes
- shelterhouseiowa.org



#### Summer of the Arts

Summer of the Arts is an arts nonprofit whose mission is to bring people together in the Iowa City Area to experience, learn about, and enjoy free arts and cultural programming.

Though we do not have a wish list, we welcome monetary donations to help fund our programming, which includes long-time favorites such as the lowa Arts Festival, lowa City Jazz Festival, and the Friday Night Concert Series, newer events such as Music on the Move and Rhythms at Riverfront Crossings, in addition to the Free Movies Series and Holiday Thieves Market. From mid-May through September, we have an event every week in downtown lowa City and out in parks. They are free and open to all, but we need financial support to help us sustain this programming and support local musicians through paid performance opportunities.

A monetary donation to Summer of the Arts is a nice way for an individual or a family to provide a charitable donation instead of giving gifts, and you can donate in honor, or in memory, of someone special.

#### Checks can be mailed to:

Summer of the Arts 319 E. 1st St. Iowa City, IA 52240

#### **CONTACT INFORMATION:**

- 319 E 1st Street lowa City, lowa
- Eric D. Johnson, Development Director
- ☑ eric@summeroftheARTS.org
- (319) 337-7944
- summerofthearts.org

Donate Online summerofthearts.org/donate/



#### Table To Table

Through food recovery & redistribution, Table to Table (T2T) helps thousands of our Johnson County neighbors annually. This year, we distributed 2.7 million pounds of food, three fifths of which was highly-sought after produce, protein, and dairy. This year marks 33+ million pounds of food rescued since 1996. We collect food from 200 local donors from across the food system and distribute millions of pounds of food to 46 recipient nonprofit social service agencies at no cost to them. These partners include youth organizations, food pantries, meal sites, shelters, housing organizations and other agencies.

Your financial donations ensure we can continue to deliver this critical resource. With every dollar you invest in Table to Table, we can rescue more than \$16 worth of food. That means your \$50 donation turns into \$800 worth of rescued food delivered to our neighbors - enough for a month of groceries for a family.

# **CONTACT INFORMATION:**

- Pepperwood Plaza 1049 US-6 E Iowa City, Iowa
  - Jared Long, Volunteer Program Coordinator
- (319) 337-3400
- table2table.org

Donate Online: table2table.org/donation

#### Donate shelf-stable pantry items:

(unopened, no more than one year past date) and we'll connect them with local food access partners. Bring your donations to Table to Table's office at Pepperwood Plaza.

#### **Monetary Donation Options:**

Donate By Mail: Mail checks made out to Table to Table to PO

Box 2596, Iowa City, IA 52244

Donate by Phone: Call (319)337-3400



#### **United Action for Youth**

United Action for Youth (UAY) is a nonprofit organization which has been supporting young people and families in Johnson County and surrounding areas since 1970.

#### **DONATION WISHLIST**

#### Sensory and Fidget Toys for our Counseling Clients and Youth Center

Items like weighted blankets and brands like Crazy Aaron's Putty and Nee-Doh help our youth to relax and feel safe.

#### **Baby care**

Diapers, bottles, wipes, and baby powder and lotion help our young families take care of their little ones

#### **Art Supplies**

Paint, brushes, canvas, pastels, beads, and all sorts of crafting supplies can find a home in our art programs. We would especially love to build up our new fiber arts studio with yarn and fabric

#### Winter apparel

Sweaters, coats, flannels, hats and warm socks will make sure our young people are warm this winter.

#### CONTACT INFORMATION:

Mickey Hampton

mickey.hamptopn@unitedact ionforyouth.org

(319) 338-7518

unitedactionforyouth.org

Donate Online: unitedactionforyouth.org/ donate



# United Way of Johnson & Washington Counties

Make a donation to the United Way of Johnson and Washington Counties in Honor of a Friend or Family Member! Visit the link below and enter your honoree's name in the "Notes" field.



#### **CONTACT INFORMATION:**

1150 5th Street, Suite 290 Coralville, Iowa

🔼 Kaila Rome

⊠ kaila.rome@unitedwayjwc.org

(319) 338-7823

unitedwayjwc.org

Donate Online unitedwayjwc.org/donate



# University of Iowa Health Care

UI Health Care offers a variety of services to help keep spirits high during the holiday season. Here's how you can help...

#### **Angel Tree**

Bring joy to UI Health Care long-term inpatients this holiday season by adopting an angel from the Angel Tree.

Angels may be selected from several of our Angel Tree locations including Wild Rose Gifts, Kaleidoscope Gift Shop, the Fourth Floor Salon, or outside the Volunteer Services Office. Individuals or groups may go together to purchase gifts requested on the angel.

Gifts, along with the adopted angel, can be brought back to the Volunteer Services Office. The suggested gift value is \$20-25 per person. The Angel Tree is sponsored by the UI Health Care Holiday Committee.

#### Dates:

November 25-December 23

#### **Warm the Sole Sock Drive**

UI Health Care Holiday Committee needs your help decorating the clotheslines with new socks! Socks will be donated to local nonprofit agencies such as DVIP, Crisis Center, NCJC, Shelter House, UAY, and Girl Scouts.

If socks are purchased from Wild Rose Gifts for the Warm the Sole sock drive, not only are you helping those in need, but the **proceeds from your donation go directly toward programs that benefit our patients and their families** at UI Health Care through Volunteer Services.

#### Dates:

November 25 - January 31

#### Helen K Rossi Guest House Drive

During the month of January, the Helen K. Rossi Volunteer Guest House will be accepting donations of household items, toiletries, non-perishable food items, and new or gently used clothing.

#### **DONATIONS NEEDED**

- Household Items
- Non-perishable foods
- Toiletries
- New or gently used clothing

For a full list, please contact Concierge Services at (319) 356-1900

# CONTACT INFORMATION:

200 Hawkins Drive Iowa City, Iowa

#### ANGEL TREE CONTACT INFORMATION

A Linda Monroe

(319) 353-6108

#### **ANGEL TREE LOCATIONS**

- Wild Rose Gifts
- Kaleidoscope Gift Shop
- Fourth Floor Salon
- Outside Volunteer Services
   Office (Elevator F, Level 8)

#### WARM THE SOLE CONTACT INFO

Nolunteer Services

(319) 356-2515

#### CLOTHESLINE LOCATION

UI Health Care Main Entrance Elevator E, Level 1

#### **HELEN K ROSSI CONTACT INFO**

Sheri Austin, Concierge Services

(319) 356-1900

#### **DONATION DROP-OFF**

UI Health Care Main Entrance Elevator E, Level 1 during regular business hours.



# **YMCA of Washington County**

#### Children's Christmas Bazaar

Kids can come to "shop" for parents, grandparents, and siblings. Items for all ages are accepted. The kids leave with their gifts wrapped and tagged so they can go under the Christmas tree when they get home, and it is a surprise for their family.



Date of Event: Saturday, December 7th 8:00 am - 1:00 pm

#### **SUGGESTED DONATIONS**

- Dads/Grandpas (i.e. small gift items, flashlights, small tools, or
- Moms/Grandmas (i.e. candles, hand lotions, hand towels or home
- Siblings (small toys or games play dough, board games, hot wheels, hair accessories)
- Gift wrap, boxes, and gift tags

#### **CONTACT INFORMATION:**

520 W 5th Street Washington, IA 52353

#### **Item Dropoff Hours:**

Monday–Thurs 7am - 8pm Friday 7am - 6pm Saturday 8am -4pm Sunday 1pm - 4pm

A Taylor Hansen

(319) 653-2141

washingtony.org

#### Wish List:

https://www.amazon.com/hz/wis hlist/ls/1FBCFC2NL96KS/ref=nav\_ wishlist\_lists\_2



# Resources

Volunteering and giving opportunities are not the only ways to give back to the community. Here are some alternatives.

# **Holiday Entertainment**

Provide holiday entertainment to residents of assisted living homes, group homes, or to people who are not able to remain in their own homes due to illness.



# **Bake Treats**

Contact a non-profit and thank them for their services in your community by baking a treat or providing a meal to the office.



# Give an Alternative Gift

Donate money or supplies to a local non-profit in the honor of your friends and family.



# Organize a Giving Circle

Invite friends and family to join a giving circle for the holidays. Select a cause or organization you would like to support and set your giving goal.



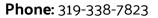
## Make a Resolution

Identify a need. Find your passion. Give an hour. Give a Saturday. Give 110%.



# **Questions?**

Contact United Way of Johnson and Washington Counties with any questions and for all of your volunteer needs!



Email: info@unitedwayjwc.org

